



Los Angeles Area
Chamber of Commerce

CATALINA YANEZ
OCCUPATIONAL HEALTH & WELLNESS COORDINATOR
AMERICAN APPAREL

Ms. Yanez was born in Buenos Aires, Argentina and immigrated to the United States when she was 21 years old. She enrolled in night school to learn English. She was employed with several companies while raising her children and always had a dream to attend college.

Once her daughter and son grew up, she attended and graduated from California State University, Northridge (CSUN) in 2008 with a Master Degree in Exercise Physiology.

Catalina is currently working as the Occupational Health and Wellness Coordinator at American Apparel and helping employees adopt and maintain a balanced healthy lifestyle by creating awareness and accessibility at the worksite.

Ms. Yanez's effort and commitment were recognized when she received the 2007 California Fit Business Award from the California Senate.